

3.5K/10K Family Fun Run & Bike ride

5k and 10K Fun Run

Saturday 24th March, 2pm,

Pencaitland Primary School, East Lothian

Registration from 1pm. Registration closes at 1.45pm to allow runners to participate in the warm up.

Family
Registration

Name (responsible adult(s)):

Address:

Postcode:

Telephone: Mobile:

Email: Male Female

Date of Birth: Age on 24th March 2012:

Emergency contact (name):

Telephone number: Mobile number:

Do you have any medical conditions the organisers should be made aware of?

Yes

No

If yes, please give details:

Number of accompanying children

1. Name: Date of birth: age:

Does he/she have any medical conditions the organisers should be made aware of?

Yes No

If yes, please give details:

2. Name: Date of birth: age:

Does he/she have any medical conditions the organisers should be made aware of?

Yes No

If yes, please give details:

3. Name: Date of birth: age:

Does he/she have any medical conditions the organisers should be made aware of?

Yes No

If yes, please give details:

4. Name: Date of birth: age:

Does he/she have any medical conditions the organisers should be made aware of?

Yes No

If yes, please give details:

Please contact your GP if you have any concerns about you fitness to enter the Fun Run.

Entry for Family 3.5K fun run 10K bike

Children under 11 to be accompanied, no age limit. Children require signed permission to attend the event from a parent or guardian. £2 per person. Families may choose to participate in one or both of the courses but please be aware that if you are only participating in the 10K bike route you will start at 14.30. Please note that entries for the 10k and 5k route require a different registration form.

Cheques should be made payable to "Pencaitland Primary School PTA"

Completed forms and cheques should be sent to:

**Charlotte Taylor
26 Vinefields
Pencaitland
East Lothian
EH34 5HD**

or Pencaitland Playgroup or Pencaitland Primary School Office

Race number and information will be sent out to runners on receipt of the completed entry form and entrance fee. Please be reminded that this form is only for entrance to the family 3.5K fun run and 10K bike. If you would like to compete in the 10K or 5k Fun run please contact charlotteleopold@hotmail.com or 01875 340987.

10K, 5K and 3.5K Fun Run/10K Bike: Under sixteen's

If participant is under 16 years of age on the date of the Fun Run please can a parent or guardian complete and sign the following statement:

I hereby consent to the above named persons participating in the Pencaitland Family 3.5K Fun Run and 10K cycle. I also consent to necessary medical treatment being given without reference to either parent or guardian.

Name.....Relationship to entrant.....
Signed.....Date.....
Emergency Contact Details.....

Conditions of Entry

- Completion of registration form and payment of entrance fee
- Signing the Disclaimer overleaf.
- Entrance fee is non-refundable.
- Runners agree to abide by the rules of the run.
- Children and families on bike are responsible for ensuring the safety of their equipment and must wear a helmet at all times. Parents are reminded that the ride will be over tracks and roads and children will require adequate supervision and assistance. Riding of the bike in the school grounds is prohibited due to health and safety reasons and may lead to disqualification. Bikes should be kept in the designated area and walked to the start of the course. The organisers accept no responsibility for any loss of theft of equipment or personal belongings during or after the event.

Disclaimer

By signing this disclaimer I acknowledge I have read, understood and accept its terms.

I am medically fit. I acknowledge that this event can be physically challenging and carries with it risk of personal injury or illness or loss. I enter this event at my own risk and accept all responsibility.

I agree to waive any claim for any injury, illness or loss incurred before, during or as a result of the run against the event organisers (Pencaitland Playgroup and its management committee and Pencaitland Primary school PTA), or any other person or body involved in organising or assisting with the event. They will not be held responsible. I also agree to indemnify them for any and all liabilities, fees, expenses or other costs which may be incurred as a result of any such claim.

**Signature of Participant or Parent/guardian of under 16
Participant:.....Date:.....**

Please tick this box if you object to photographs being taken.

Pencaitland Primary School PTA and Pencaitland Playgroup would like you to know that 100% of all profits made go directly to our charities and we wish to thank you for your support and hope you have a safe and happy Fun Run.

