



# Fix your Bike! Free Workshops

Sustaining Dunbar  
and Dunbar Bike Hub



**Belhaven Church Hall** - Sat 27th April 10am - 13.00pm

**St Anne's Church** - Sat May 11th 14.00-16.30

Sat June 15th 10-13.00

**West Barns Village Hall** - Sat June 1st 14.00-16.30,

Sat July 6th 10-13.00

An **introduction** to **basic bike maintenance** for everyday cycling. The aim is for you to feel more confident, cycling more often, and maybe even further!

Learn how to; do a bike safety check, fix a puncture, perfect your wheel removal technique, adjust gears and brakes.

Tips on cleaning, tyre pressures, bike fit and what to put in a toolkit.

Cycling is part of the solution to the Climate Emergency. It's part of civilising our local community. We'd love you to learn some new skills and even have fun in a supportive atmosphere.

Contact Mark 07914 602123 or [bikehub@sustainingdunbar.org](mailto:bikehub@sustainingdunbar.org) for more info or to book a place.

**Thanks to our partners for providing workshop space**

**Sessions are free. Donations welcome.**